

LUNEDÌ			MARTEDÌ			MERCOLEDÌ		
	Natural Training Park	On Line		Natural Training Park	On Line		Natural Training Park	On Line
07.00			07.00			07.00		
08.00			08.00			08.00		
09.00			09.00			09.00		
10.00			10.00			10.00		
11.00			11.00	Dry Water 11:00 Monika		11.00		
12.00			12.00			12.00		
13.00	Fit Pilates 13:00 Giorgio		13.00	Nat.Park Workout 13:00 Chiara		13.00	Fit Yoga 13:00 Alessandra	
14.00			14.00			14.00		
15.00	Body Pump 15:00 Ilaria		15.00			15.00		
16.00			16.00			16.00		
17.00	Easy Tone 17:00 Alessandra		17.00			17.00	Easy Tone 17:00 Alessandra	
18.00	Fusion 18:15 Brusky		18.00	Body Pump 18:15 Ilaria		18.00	Dance Mixx 18:15 Brusky	
19.00	Nat.Park Workout 19:15:00 Giulio		19.00	Natural Functional 19:15 Chiara		19.00	Body Pump 19:15 Francesco	
20.00			20.00			21.00		
21.00			21.00			20.00 Brusky - UPTIVO		
22.00			22.00			22.00		
GIOVEDÌ			VENERDÌ			SABATO		
	Natural Training Park	On Line		Natural Training Park	On Line		Natural Training Park	On Line
07.00			07.00			07.00		
08.00			08.00			08.00		
09.00			09.00			09.00		
10.00			10.00			10.00	Body Pump 10:00:00 Ilaria	
11.00	Dry Water 11:00 Stefy		11.00			11.00		
12.00			12.00			12.00		
13.00			13.00	Natural Functional 13:00 Chiara		13.00		Fusion 13:00 Brusky - UPTIVO
14.00			14.00			14.00		
15.00			15.00	Fit Yoga 15:00 Alessandra		15.00		
16.00			16.00			16.00		
17.00	Body Pump 17:00 Ilaria		17.00			17.00		
18.00	Nat. Park Workout 18:15 Chiara		18.00	Nat. Park Workout 18:15 Giulio		18.00		
19.00	Fusion 19:15 Brusky		19.00	Body Pump 19:15 Francesco		DOMENICA		
20.00			20.00			20.00	Jolly 10:00	
21.00			21.00			20:00 Brusky - UPTIVO		
22.00			22.00					