LUNEDI'

	Sala 1	Sala 2	Sala 3	Piscina
07.00			TurboMet 7.10 Chiara	
09:00				Acquagym 09.30 - Monika
10:00	Easy Tone Alessandra			Acquagym 10.30 - Monika
11:00	Fit Yoga Alessandra			
12:00				
13:00	Dance Mixx Brusky	Fit Pilates Giorgio		
14:00				
15:00				Aquadynamic 15.00 - Stefy
16:00				
17:00	Body Pump Ilaria			Acquagym 17.15 - Stefy
18:00	Natural Functional Chiara		TurboMet 18.00 Ilaria	Acquagym 18.15 - Fede
19:00	Natural training Chiara	Easy Tone Alessandra	TurboMet 19.00 Ilaria	Acquagym 19.15 - Fede
20:00	Tone Ilaria	Fit Pilates Alessandra		
21:00				
22:00				

MARTEDI'

	Sala 1	Sala 2	Sala 3	Piscina
07.00			TurboMet 7.10 Alan	
09:00				Acquagym 09.00 - Stefy
10:00	Fit Pilates Giorgio			Acquagym 10.00 - Stefy
11:00				Fisioterapia 11.00
12:00				
13:00	Natural functional Chiara	Body Attack Brusky		
14:00				
15:00		Fit Yoga Alessandra		
16:00				
17:00				Acquagym 17.15 - Monika
18:00	Natural functional Chiara		TurboMet 18.00 Davide	Aquadynamic 18.15 - Stefy
19:00	Body Pump Francesco	Fit Pilates Claudia	TurboMet 19.00 Giulio	Acquagym 19.15 - Elsa
20:00	Dance Mixx Brusky			
21:00				
22:00				

MERCOLEDI'

	Sala 1	Sala 2	Sala 3	Piscina
07.00			TurboMet 7.10 Miguel	
09:00	Easy Tone Alessandra			
10:00				
11:00				
12:00				
13:00	Fusion Brusky	Fit Yoga Alessandra		
14:00				
15:00				Acquagym 15.00 - Stefy
16:00				
17:00	Tone Ilaria		TurboMet 17.00 Chiara	
18:00	Natural training Chiara			Acquagym 18.15 - Fede
19:00	Conditioning Chiara	Easy Tone Alessandra	TurboMet 19.00 Davide	Acquagym 19.15 - Fede
20:00	Body Pump ilaria	Functional Yoga Alessandra		
21:00				
22:00				

GIOVEDI'

	Sala 1	Sala 2	Sala 3	Piscina
07.00			TurboMet 7.10 Giulio	
09:00				Aquadynamic 09.30 - Stefy
10:00	Fit Pilates Giorgio			Acquagym 10.30 - Stefy
11:00				Fisioterapia 11.30
12:00				
13:00	Body Pump Ilaria	Strength60 Brusky		
14:00				
15:00		Fit Yoga Alessandra		
16:00				
17:00				Acquagym 17.15 - Fede
18:00	Natural functional Chiara			Acquagym 18.15 - Fede
19:00	Body Pump Francesco	Fit Pilates Donatella	TurboMet 18.00 Leo	Aquadynamic 19.15 - Monika
20:00	Strength60 Brusky	Easy Tone Donatella	TurboMet 19.00 Miguel	
21:00				
22:00				

VENERDI'

	Sala 1	Sala 2	Sala 3	Piscina
07.00			TurboMet 7.10 Davide	
09:00				Acquagym 09.00 - Stefy
10:00	Easy Tone Alessandra			Aquadynamic 10.00 - Stefy
11:00	Fit Yoga Alessandra			Fisioterapia 11.00
12:00				
13:00	Natural training Chiara	Functional Yoga Alessandra		
14:00				
15:00				Aquadynamic 15.00 - Monika
16:00				
17:00				Acquagym 17.15 - Monika
18:00	Body Pump Ilaria		TurboMet 17.00 Alan	Acquagym 18.15 - Elsa
19:00	Body Attack Ilaria	Fit Yoga Alessandra	TurboMet 18.00 Alan	
20:00	Dance Mixx Brusky			
21:00				
22:00				

SABATO

	Sala 1	Sala 2	Sala 3	Piscina
08:00				
09:00				
10:00	Body Pump Ilaria			
11:00				
12:00				
13:00				
14:00				
15:00				
16:00				
17:00				
00:00	Apertura ore 08.00 Chiusura ore 15.00			

DOMENICA

	Sala 1	Sala 2	Sala 3	Piscina
00:00				
00:00	Aperura ore 08.00 chiusura 13.00			